

## LOCAL TRANSPORT SERVICES (MONDAY – SATURDAY) 06:45 – 12:45

Provider	DMK	LCG	LCG	WB	DMK	RM 92	RM 92	LCG	RM 131	RM 131	RM 91	DMK	RM 92	RM 92	DMK	RM 91	RM 131
Runs on Day(s)		SD	TTh	TThF	SD	M-S	M-S	MWF	M-S	M-S	M-S	M-S	M-S	M-S	M-S	M-S	M-S
Kyle (Rail)	(0621)											(1128)			1325		
Strathcarron	0700								0950	1000		1046			1225		
Lochcarron Garage	0650	0700						1020		↓		↓					
Lochcarron PO	0645↑	↓			0909				0940	1010		1050			1215		
Kishorn Shop					0850				0925	1025		1105			1200		
Achintraid					0847												
Tornapress					0845				0920								1250
Glasnock Rd End					0840↑												
Toscaig						0900	0900										
Applecross						0850	0915							1300			
Cuaig			0745R				↓							1230			
Kenmore/Ardheslaig			↓				0950		↑					1155	↑		↑
Shieldaig		0730	0815R				1015	1000	0900	1045		1125	1055	1130↑	1140		1235
Annat		0742	0827R				1040	0953									
Torrison Youth Hostel											0930						
Diabaig											1000						
Alligin											1020						
Torrison PO											1040		↑				
Torrison Rd End		0745	0830R				1045	0950			1045		1045				
Gairloch Strath PO				0820							↓						
Kinlochewe PO		0805	0850R	0855				0930			1110					1230	
Achnasheen	(0730)			0915				↑			1130	(1019)			1218	1219↑	
Gairloch HS		0845		↓				0900									
Inverness (Bus)				1025													
Inverness (Rail)	(0853)											(0900)			1052	1052	

<b>Service Providers</b>	LCG = Lochcarron Garage (Tel. 01520 722997)	DMK = DMK Motors (Tel. 01520 722682)	SW = Skyways (Tel. 01599 555477)	RM = Royal Mail Postbus (number is service number)	WB = Westerbus (Tel. 01445 712255)
<b>Runs on Days / Abbreviations</b>	SD = School Days only	M-S = Monday to Saturday	M = Monday	T = Tuesday	W = Wednesday
	Th = Thursday	F = Friday	S = Saturday	X= Only drops off at Torrison by request to driver	
	( ) indicates train times	** Extends to Ardaneaskan, Kishorn and Tornapress on request, but must be <b>pre-booked</b> not later than 18.00hrs on the day prior to travelling, phone 01599 555477			
R = Taxi bus service which must be <b>pre-booked</b> not later than 18.00hrs on the day prior to travelling, phone 01520 722997					

## LOCAL TRANSPORT SERVICES (MONDAY – SATURDAY) 12:45 – 21:00

Provider	DMK	LCG	RM 131	RM 91	DMK	RM 92	LCG	WB	LCG	SW**	SW**
Runs on Day(s)	M-S	MWF	M-S	M-S	SD	M-S	SD	TThF	TTh		
Kyle (Rail)	(1203)									(2029)	
Strathcarron	1249									1946	1948
Lochcarron Garage	↓	1330					1720			↑	↓
Lochcarron PO	1256	↓			1521					1935	1956
Kishorn Shop	1310		1400		1535						
Achintraid			↓		1538						
Tornapress					↓						
Glasnock Road End					1545	↓					
Toscaig						1525					
Applecross						1550					
Cuaig									2000R		
Kenmore/Ardheslaig			1505								
Shieldaig	1330	1400	1430				1650				
Annat		1412					1638				
Torrison Youth Hostel				1730							
Diabaig				1700							
Alligin				1600							
Torrison PO				1515					1919R		
Torrison Road End	1345X	1415		↑			1635		1916R		
Gairloch Strath PO								1930	↑		
Kinlochewe PO		1435					1615	1855	1856R		
Achnasheen	(1316)						↑	1835		(1917)	
Gairloch HS		1515					1535	↑			
Inverness (Bus)								1720			
Inverness (Rail)	(1436)									(1752)	

## Other Local Bus Services during the week

	SW M	SW W	WB	SW S
Applecross PO	0830A	0800A		0800A
Shieldaig		0900A		0900A
Kishorn Shop	0915A	0915A		0915A
Lochcarron PO	0930	0930		0930
Kinlochewe			1005	
Achnasheen	1015	1015	1020	1015
Garve	1035	1035	1040	1035
Contin	1045	1045	1050	1045
Dingwall CB	1055	1055		1055
Dingwall Tesco			1105	
Inverness (Bus)	1125	1125		1125
Inverness (Bus)	1500	1500		1600
Dingwall Tesco			1305	
Dingwall CB	1530	1530	1310	1630
Contin	1540	1540	1325	1640
Garve	1550	1550	1335	1650
Achnasheen	1610	1610	1355	1710
Lochcarron PO	1645	1645	1423	1745
Kishorn Shop	1700A	1700A		1800A
Shieldaig		1715A		1815A
Applecross PO	1745A	1815A		1915A

**A** - Operates on request from Applecross, Shieldaig or Kishorn.

Call 01599 555477 before 1800 on the day prior to travel

**CB** - County Buildings

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